

# RACING LINE RUNNING

## FAQ'S – COVID-19 ARRANGEMENTS

### **Is the event going ahead?**

Yes, the event will be going ahead. There will be small adaptations from a 'normal' event & the event will be organised in line with any government guidance come race day. At the moment, we are planning as if the final phase of the government road map will be postponed.

### **Will it be safe?**

Yes, various measures will be in place to allow social distancing and appropriate hygiene.

### **What if government guidance changes?**

The government roadmap suggests that legal requirements of social distancing will be lifted in the week before the race. With this due to be reviewed, and announcements made on Monday June 14<sup>th</sup>, we feel the most responsible approach is to assume that the loosening of restrictions may be delayed. If it's not possible for the event to go ahead, we will give as much notice as possible.

### **If the event is cancelled, what are my options?**

Your entry will automatically be carried over to the 2022 event, you can opt to swap your entry to any other future event or claim a full refund (minus a small fee). Other imaginative options may also be available.

### **I'm anxious about taking part, what can I do?**

We completely understand any anxiety that you may feel about taking part in an event at this time, and we don't wish for runners to feel pressured. Be assured that we would only consider going ahead with the event if we were confident that it can be safe for all concerned. If you have entered but would rather not run, let us know more than 4 weeks before race day and we will defer your entry to the 2022 event.

### **How do I get my race number?**

Race numbers will now be collected on race day. There will be an open air race registration, and we will request that social distancing is still observed. All event staff in close contact roles will be wearing face coverings and gloves.

### **Do I need to bring anything?**

Please arrive in kit and as ready to go as possible. As at all Racing Line Running events, you will need to bring your own water bottle for hydrating at the finish; you can leave this at the finish line drinks table if you wish.

### **Will there be a bag drop?**

We can store bags during the event, but request that if you can leave kit in a car then you should do so. If you arrive at the event under your own steam, we can store your bag, however we are not offering a secure bag drop and bags are left at your own risk.

### **Can I use the toilets?**

Yes, race toilets are available. Please queue responsibly and use the hand sanitiser available as much as possible. Some facilities are subject to use in line with the venues own restrictions.

### **Can I bring any spectators with me?**

Yes. All spectators (as well as runners) will need to scan the event track & trace QR Code using the NHS Covid App. The QR codes will be in plentiful supply around the start/finish area.

### **Will there be water stations?**

Yes, there are three water stations on the course. HOWEVER, the water stations will NOT have cups, so you will need to carry your own drinks bottles/vessels with you during the race. The water stations will have water containers for you to help yourself to, to fill your bottles. Please use the hand sanitiser before and after filling your bottles.

### **Will there be staggered starts?**

Yes. We had planned for a rolling start arrangement, HOWEVER, anticipating a possible delay to the easing of restrictions (to be announced on Monday June 14<sup>th</sup>) we will be setting runners off in groups at staggered intervals. Runners will be informed of their own start in the week before the race. Starting groups will be determined by the estimated finish times as provided at the time of entry.

### **What time is the start?**

Runners will be assigned a start time, with groups setting off at intervals between 08:30 & 09:00.

### **Can I run with friends?**

Yes, you can make your own arrangements to start with friends on the course. Please note however that there is very limited scope for amending the starting groups once they have been arranged. **If you want to start with friends, enter the same estimated finish time whilst entering.**

### **Will the route allow social distancing?**

Yes. Given the time of the day you'll be starting, width of paths and trails, the number of runners and avoidance of busy pedestrian areas etc you will be able to maintain social distancing. At times, runners will need to be mindful of others and adhere to proper etiquette; on short sections of narrow paths please be patient and overtake when suitable.

### **What happens at the finish?**

Your finish time is recorded as you cross the finish line. Some of our marshals are famed for hugging anyone that moves at the finish line, but we have asked them to restrain themselves. You will need to collect your finishers medal from the finish line marquee and help yourself to your own drinks bottle or use water containers to top up with. Hand sanitiser & anti bacterial wipes will be available.

### **What about results & prizes?**

Your race results will be live online as soon as you cross the finish line, however with the staggered starts we will take a short time to verify the results. All prizes will be posted out after race day.